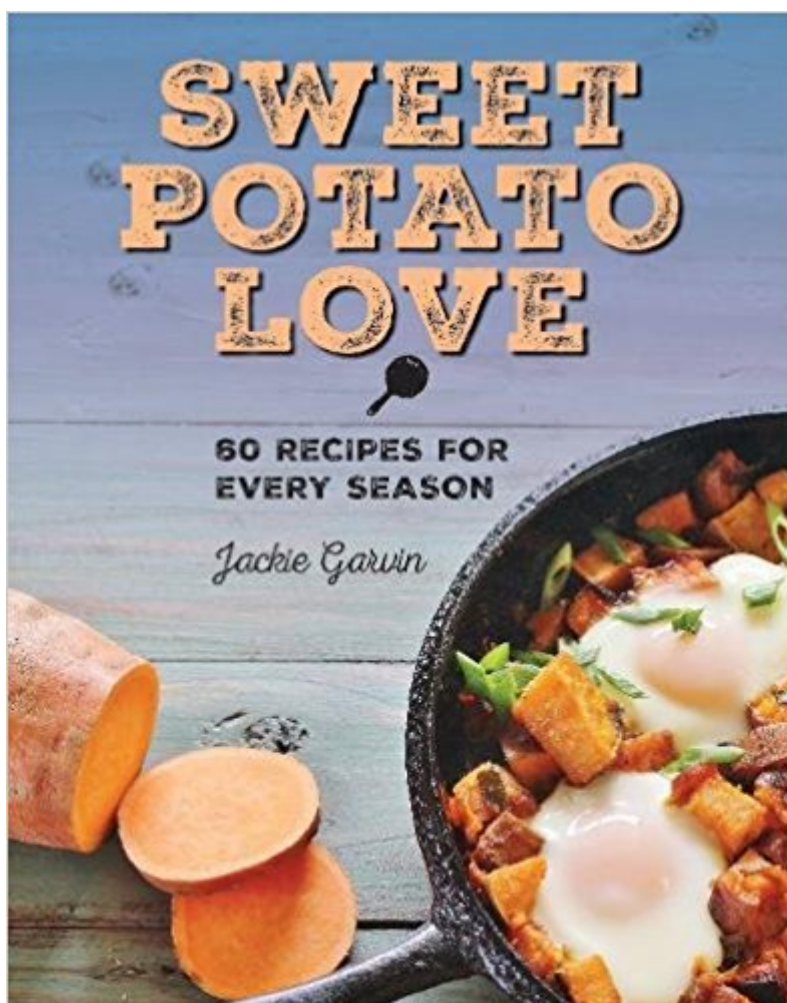


The book was found

Sweet Potato Love: 60 Recipes For Every Season



Synopsis

Easy recipes for chefs of all levels and fans of the true star of the fall season: the sweet potato! Sweet potatoes have always been part of our country's history. While they quickly became a beloved part of the diet of United States Southerners, they weren't always appreciated by the rest of us. In recent years, we've all come to our senses and promoted these root vegetables to the rock star status they deserve. In addition to their versatility and taste, sweet potatoes are a powerhouse of nutrition and have been named one of the ten most important vegetables globally. *Sweet Potatoes: 60 Recipes for Every Season* contains more than sixty sweet and savory recipes with emphasis on seasonal ingredients. Along with several variations of sweet potato pie, you'll find creative recipes for tasty dishes such as: sweet potato cornbread pulled pork tacos with sweet potato slaw, apple brined chicken and sweet potato skillet dinner, maple sweet potato granola, sweet potato apple butter and more! Whether you're a vegetarian, athlete, picky eater, or cast-iron enthusiast, you'll discover recipes that will easily become staples in your meal rotation. It can fit into the nutrition plan for every lifestyle and taste preference across the country. Alongside these delicious sweet and savory recipes, author Jackie Garvin also provides a narrative with full-color photographs explaining the life, from harvest to shipment, of the sweet potato.

Book Information

Hardcover: 184 pages

Publisher: Skyhorse Publishing (September 6, 2016)

Language: English

ISBN-10: 1510709665

ISBN-13: 978-1510709669

Product Dimensions: 7.8 x 0.9 x 9.6 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #1,048,775 in Books (See Top 100 in Books) #98 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Potatoes #827 in Books > Cookbooks, Food & Wine > Entertaining & Holidays > Seasonal #951 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Vegetables

Customer Reviews

"Jackie's grasp on traditional Southern fare is well displayed in her latest cookbook. In it, she tantalizes the reader with an incredible assortment of dishes from breakfast to desserts featuring

sweet potatoes. Somehow, Jackie manages to transform the simple sweet potato into a fabulous ingredient worthy of being showcased at any meal. It's a potato lover's dream come true! a real winner!" Melissa Sperka, author of Melissa's Southern Cookbook "You'll be charmed by the wit and photographs, will want to use sweet potatoes in new ways, and will keep this book handy all season long to stimulate your palette and dress the table." • Nathalie Dupree, television host and New York Times bestselling author of Southern Vegetables "There's so much more to sweet potatoes than just casserole! Jackie shows some incredible ways to think outside of the box when it comes to this amazing and versatile root vegetable." • Stacey Little, author of The Southern Bite Cookbook

Jackie Garvin retired to focus on cooking, eating, digging in the dirt, and writing about it after a successful career as a registered nurse, corporate executive, and entrepreneur. In 2011, she created her Southern food blog, Syrup and Biscuits, to chronicle wonderful food memories before they were forgotten. She is also the author of Biscuits: Sweet and Savory Southern Recipes for the All-American Kitchen. She lives in Valrico, Florida, with her husband and basset hound.

[Download to continue reading...](#)

30 Delicious Sweet Potato Recipes – Tasty and Healthy Sweet Potato Recipes (The Ultimate Sweet Potato Cookbook Including Recipes For Sweet Potato Soup, ... Salad, Sweet Potato Souffle and More 1) The Sweet Potato Cookbook: Delicious Sweet Potato Recipes for Any Occasion - Discover the Versatility of The Humble Sweet Potato with This Sweet Potato Cookbook One Potato! Two Potato!: Family Favorite Potato & Sweet Potato Recipes! (Southern Cooking Recipes Book 17) A Collection of the Best Sweet Potato Recipes: Tasty and Healthy Sweet Potato Recipes Sweet Potato Recipes: Delicious Sweet Potato Recipes To Keep You Fit And Healthy (The Simple Recipe Series) Easy Sweet Potato and Yam Cookbook: 50 Delicious Sweet Potato and Yam Recipes for the Cool Autumn Months Sweet Potato Love: 60 Recipes for Every Season The Best Sweet Potato Cookbook You Will Purchase for Yourself!: Enjoy This Complete and Awesome Sweet Potato Cookbook! Potato Chef: A Potato Cookbook with Over 50 Delicious Potato Recipes; Simple Techniques for Cooking with Potatoes The Sweet Potato Queens' Field Guide to Men: Every Man I Love Is Either Married, Gay, or Dead Potato Salad Cookbook: Healthy Delicious Potato Salad Recipes The Mashed Potato Cookbook: Top 50 Most Delicious Mashed Potato Recipes (Recipe Top 50's Book 73) Haute Potato: From Pommes Rissolees to Timbale with Roquefort, 75 Gourmet Potato Recipes The Sweet Potato Queens' Book of Love: A Fallen Southern Belle's Look at Love, Life, Men, Marriage, and Being Prepared Zaydo Potato: Allah Loves Me: Zaydo Potato: An Islamic

Children's Book Series One Potato, Two Potato The Sweet Potato Queens' Book of Love Spiralizer Cookbook: Top 98 Veggie Friendly Spiralizer Recipes-From Sweet Potato Fries And Zucchini Ribbons To Carrot Rice And Beet Noodles Sweet Potato Soul: 100 Easy Vegan Recipes for the Southern Flavors of Smoke, Sugar, Spice, and Soul City Tavern Baking and Dessert Cookbook: 200 Years of Authentic American Recipes From Martha Washington's Chocolate Mousse Cake to Thomas Jefferson's Sweet Potato Biscuits

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)